



**ELEMENTARY SCHOOL EAST BREAKFAST MENU**



State requires offering of 1 cup of fruit at breakfast and lunch. If not on menu, is offered at register

<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
<b>Jump Start Breakfast Meal Pack</b> <i>Choice of Milk</i>	<b>Jump Start Breakfast Meal Pack</b> <i>Choice of Milk</i>	<b>Kellogg's PopTart Cheese Stick Fruit</b> <i>Choice of Milk</i>	<b>Kellogg's PopTart Cheese Stick Fruit</b> <i>Choice of Milk</i>	<b>Otis Muffin</b> <i>Cheese Stick Fruit Choice of Milk</i>
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
<b>Otis Muffin</b> <i>Cheese Stick Fruit Choice of Milk</i>	<b>Kellogg's Rice Krispy Treat</b> <i>Cheese Stick Fruit Choice of Milk</i>	<b>Kellogg's Rice Krispy Treat</b> <i>Cheese Stick Fruit Choice of Milk</i>	<b>Cinni Mini Pastry</b> <i>Fruit Choice of Milk</i>	<b>Cinni Mini Pastry</b> <i>Fruit Choice of Milk</i>
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
<b>Maple Pancakes</b> <i>Cheese Stick Fruit Choice of Milk</i>	<b>Maple Pancakes</b> <i>Cheese Stick Fruit Choice of Milk</i>	<b>Pillsbury Freudel</b> <i>Cheese Stick Fruit Choice of Milk</i>	<b>Pillsbury Freudel</b> <i>Cheese Stick Fruit Choice of Milk</i>	<b>Otis Muffin</b> <i>Cheese Stick Fruit Choice of Milk</i>
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
<b>Otis Muffin</b> <i>Cheese Stick Fruit Choice of Milk</i>	<b>Kellogg's Nutri-Grain Bar</b> <i>Cheese Stick Fruit Choice of Milk</i>	<b>Kellogg's Nutri-Grain Bar</b> <i>Cheese Stick Fruit Choice of Milk</i>	<b>Trix Cereal Bar</b> <i>Cheese Stick Fruit Choice of Milk</i>	<b>Trix Cereal Bar</b> <i>Cheese Stick Fruit Choice of Milk</i>

**Breakfast in the Classroom**

**COST**  
**Free**

Just stop by the cafeteria when you arrive at school and Grab-a-Bag. It's that easy. Be sure to have the para-educator check your name off.

**Choice of Fruit or Juice**  
 What do you like? Fresh Apples? Oranges? Bananas?

**Choice of Milk**  
 Variety includes low-fat and fat-free choices.

**Hello! My name is Ana.**  
 Breakfast is my favorite meal of the day.

Hey Friends, be sure to start your day off right with a good breakfast! A balanced meal in the morning will give you the energy and nutrition you need to fuel your brain and body for a busy day.

